

## VCSS-Venous Clinical Severity Score

Attribute	Absent=0	Mild=1	Moderate=2	Severe=3
Pain	None	Occasional, not restricting activity or requiring pain medication	Daily moderate activity limitation; occasional pain medication	Daily, severe limiting activities or requiring regular use of pain medications
Varicose veins	None	Few scattered	Multiple; great saphenous veins, confined to calf and thigh	Extensive; thigh and calf or great and small saphenous distribution
Venous edema	None	Evening ankle swelling only	Afternoon swelling, above ankle	Morning swelling above ankle and requiring activity change, elevation
Skin pigmentation	None	Diffuse, but limited in area and old (brown)	Diffuse over most of gaiter distribution (lower third) or recent pigmentation (purple)	Wider distribution (above lower third) plus recent pigmentation
Inflammation	None	Mild cellulitis, limited to marginal area around ulcer	Moderate cellulitis, involves most of (lower third)	Severe cellulitis (lower third and above) or significant
Induration	None	Focal, circumalleolar	Medial or lateral, less than lower third of leg	Entire lower third of leg or more
Number of active ulcers	0	1	2	> 2
Active ulcer duration	None	< 3 months	> 3 months, < 1 year	Not healed > 1 year
Active ulcer diameter	None	< 2	2-6	> 6
Compression therapy	Not used or patient not compliant	Intermittant use of stockings	Wears elastic stocking most days	Full compliance stockings + elevation

## Villalta Post-thrombotic Syndrome (PTS) Scale

### Villalta PTS scale

Symptoms and clinical signs	None	Mild	Moderate	Severe
Symptoms				
Pain	0	1	2	3
Cramps	0	1	2	3
Heaviness	0	1	2	3
Paresthesia	0	1	2	3
Pruritis	0	1	2	3
Clinical signs				
Pretibial oedema	0	1	2	3
Skin induration	0	1	2	3
Hyperpigmentation	0	1	2	3
Redness	0	1	2	3
Venous ectasia	0	1	2	3
Pain on calf compression	0	1	2	3
Venous ulcer	Absent	Present	2	3
PTS, post-thrombotic syndrome				